

PACKING LIST

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| <input type="checkbox"/> Clothes for the number of days you are on the trip | <input type="checkbox"/> Shampoo |
| <input type="checkbox"/> Sweat Shirt | <input type="checkbox"/> Personal Items |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> Toothbrush and toothpaste |
| <input type="checkbox"/> Warm Jacket | <input type="checkbox"/> Comb or Brush |
| <input type="checkbox"/> Comfortable Walking Shoes | <input type="checkbox"/> Camera (Optional) |
| <input type="checkbox"/> Extra socks | <input type="checkbox"/> Phone/Camera charger |
| <input type="checkbox"/> Hat | <input type="checkbox"/> Sun Screen |
| <input type="checkbox"/> Rainwear | <input type="checkbox"/> Pens |
| <input type="checkbox"/> Spending Money | <input type="checkbox"/> Earphones |
| <input type="checkbox"/> Lunch (First Day) | <input type="checkbox"/> DVDs (Bus) |
| <input type="checkbox"/> Gravol (if prone to motion sickness) | <input type="checkbox"/> Extra Batteries |
| | <input type="checkbox"/> Quiet Games (Bus) |

Groups staying in University Residences

- Bedding is provided
- Students need to bring a towel, toiletries, and possibly a small portable alarm clock

Do Not Bring!

- Medication (unless listed with supervisors)
- Knives, matches, etc.
- Valuables (Jewellery or too much money)

Do Not Buy!

- Hazardous or illegal materials
- Annoying or “practical joke” objects

