



Linda Blom
Principal

FOREST HILL P.S.

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School Website: <http://for.scdsb.on.ca>

Perry Iacobellis
Vice-Principal

BUS CANCELLATION/SCHOOL
CLOSURE: CENTRAL SIMCOE

FEBRUARY 2019

FEBRUARY DATES

- 5th - School Council Meeting: 7 p.m.
- 7th - Grade 8 Grad Meeting - 7 p.m. - Library
- 11th - 13th - Gr. 7 - Mansfield Outdoor Education Centre
- 15th - Report cards go home
- 18th - Family Day - No school
- 21st - Gr. 8 Info Night at Eastview - 7 - 8 p.m.
- 22nd - Chess Tournament: Eastview Secondary 4 - 6 p.m.
- 25th - 27th - Dental Screening: JK, SK, Grs. 2 & 7
- 28th - Dance-a-Thon
- 28th - SK and Gr. 8 Grad Photos

... and some future dates

- No School Council Meeting for March
- Mar. 1st - P.A. Day - No school
- Mar. 6th - 3rd installment for Gr. 8 Ottawa trip due
- Mar. 7th - Kgn. & Gr. 1-3 - Team T & J - Live Performance
- Mar. 11th - 15th - March Break
- Mar. 20th - Area 1 Chess Tournament @ Codrington
- Mar. 26th - County Chess Tournament
- Apr. 2nd - School Council Meeting - 7 p.m.
- Apr. 3rd - Optimist Chess & Math Tournament
- Apr. 7th - Applebee's Pancake Breakfast (Gr. 8 Fundraiser)
8 - 10 a.m., Bayfield Street
- Apr. 12th - 4th installment for Gr. 8 Ottawa trip due
- Apr. 19th - Good Friday - no school
- Apr. 22nd - Easter Monday - no school
- May 28th - 30th - Gr. 8 - Ottawa
- June 3rd - 5th - Gr. 6 - Camp Kitchikewana
- June 25th - Gr. 8 Graduation - Details to follow

achievement, and this is why the learning skills appear on page 1! Please note that grades on report cards are based on a student's knowledge and understanding, thinking, communication and application of the curriculum expectations.

Teachers look at assignments, tests, exams, demonstrations, classroom work and projects for evidence that your child is learning the curriculum. This learning means more than just knowing the facts: students must show an understanding of what they are studying by communicating and applying what they have learned through mini conferencing, presentations and sharing circles. These on-going assessment formats allow for the demonstration of critical thinking and problem-solving skills.

If you have any questions about the assessment process, be sure to contact your child's teacher.

We had a great round of public speakers share their speeches this week, and we all enjoyed some fabulous piano playing in between each presentation. A big thank you goes to all speakers, piano players, our judges, and Mrs. Clements, who put the whole thing together!

Intermediate boys' basketball and Intermediate girls' volleyball are continuing to take place this month and the junior basketball teams will be starting near the end of the month. A big thank you to the staff that organize and implement those activities as they only occur in our school because of the extra time and effort they generously provide.

PRINCIPAL'S MESSAGE



February is another busy month. Teachers and students are working very hard to get projects complete and units finished up as first term comes to an end. Our first provincial report cards will go home on February 15th. There is a very strong correlation between learning skills, success and

Enjoy our winter weather...it will be spring before we know it!

Kindergarten Registration is Open

Do you (or someone you know) have a child who was born in 2015? If so, it's almost time to register them for Kindergarten in the SCDSB! Beginning Jan. 28, 2019, Simcoe County's public schools will register children for Kindergarten for the 2019-20 school year. New this year, **the registration process begins online!** Visit

https://www.scdsb.on.ca/elementary/planning_for_school/kindergarten for more information.

Provide input on proposed 2019-20 school year calendar

The Simcoe County District School Board (SCDSB) invites public school communities to submit input regarding the proposed school year calendar for next school year (Sept. 2019 to June 2020).

Starting Jan. 21, input can be provided by visiting www.scdsb.on.ca, hovering over 'Elementary,' or 'Secondary,' then 'Planning for School,' and clicking 'School Year Calendar.' All stakeholders including staff, school council members, parents/guardians, students and members of the school community are invited to provide input.

The deadline to submit input is February 15th.

Headed to High School? Transition Planning

As students progress from elementary school to secondary school, important personal student information is shared which eases each student's transition to secondary school. Sharing this information also improves our ability to program effectively to benefit all students. The collection and use of personal student information for such purposes is authorized under the Education Act. Please note that all information used for the transition process is limited, secure and protected at all times. Please contact Stuart Finlayson, Superintendent of Education, if you would like more information about the transition process at Forest Hill Public School.

Entering Grade 9 next year? Get a step ahead with summer school!

Attention graduating Grade 8 students! Did you know you can earn a high school credit before you start Grade 9? Students entering Grade 9 are eligible to reach ahead and take Civics and Career Studies online during the month of July. Simply download and complete the Summer School registration form from www.thelearningcentres.com, have your principal sign the front and drop it off at your local Learning Centre. Grade 8 grads are also eligible to reach ahead and take part in Civics and Careers or Canadian Geography EduTravel courses. Registration information for these programs can also be found on The Learning Centres website.

Parents/guardians invited to information sessions about special education

The Simcoe County District School Board (SCDSB) is hosting a series of information sessions for parents and guardians to learn about special education in the SCDSB, and how to support students with special education needs. Topics include building a plan for the summer, understanding the Special Equipment Amount (SEA) and applied behaviour analysis (ABA).

Sessions will take place at the SCDSB Education Centre, located at 1170 Highway 26 in Midhurst. Participants may also access the sessions online via Google Meet. More information, including dates, times and links to register, are online at https://www.scdsb.on.ca/elementary/special_education.

HEALTH AND SAFETY

What is a concussion?

A concussion is a brain injury that causes changes in how the brain functions, leading to symptoms that can be physical (e.g. headache, dizziness), cognitive (e.g. difficulty concentrating or remembering), emotional/behavioral (e.g. depression, irritability) and/or related to sleep (e.g. drowsiness, difficulty falling asleep). Concussions may be caused either by a direct blow to the head, face or neck, or a blow to the body that transmits a force to the head that causes the brain to move rapidly within the skull. Even if there has been no loss of consciousness a person may have a concussion, and in fact most concussions occur without a loss of consciousness!

Concussions cannot normally be seen on X-rays, standard CT scans or MRIs.

Signs and Symptoms of Concussion

Signs and symptoms can appear immediately after the injury or may take hours or days to emerge. Signs and symptoms may be different for everyone. A student may be reluctant to report symptoms because of a fear that he/she will be removed from the activity, his/her status on a team or in a game could be jeopardized or academics could be impacted. It may be difficult for a student to communicate how they are feeling.

What if I suspect someone has a concussion??

Monitor that person closely. When a head injury occurs: administer first aid; do not leave the person alone; do not administer medication; be alert for signs of concussion that deteriorate or worsen over time; contact a doctor or call telehealth.

If your child has been diagnosed with a concussion or you think that your child may have a concussion, please contact our office. We will provide your child with a yellow wrist band to signal to our staff that the child should be monitored.

PINK SHIRT DAY
Wednesday, February 27th

2019 FOCUS: CYBERBULLYING



The dawn of social media brought with it a whole new way to interact, communicate, and even bully. But in this digital world where filtered photos and crafted messages can be posted in an instant, it often takes more time and effort to say something mean than it does to say something nice. Kindness requires no manipulation, no focusing on the negatives, and no filtering of yourself. It's simply, truly nice. For social media users, we want them to **THINK** before the post. We want them to ask themselves if it is: True, Helpful, Inspiring, Necessary and KIND.

... FROM MISS WATSON

A heartfelt thank you to all the Forest Hill families and staff members who made our Christmas Cheer Campaign so successful! We collected hats and mittens, non-perishable food items, cash and Canadian Tire money and a wide variety of unwrapped toys, and our final total was an amazing 3 650 items which were donated to the Elmvale Food Bank and the Barrie Christmas Cheer campaign. As usual the volunteers who came to pick up our donations were blown away by the dedication of our students to this cause. The two classes with the most items collected were Mme Cooper's class who collected a total of 20 items per student and Mr. Mac's Toon Squad, who brought in a total of 14 items per student. Both classes were invited to watch the staff vs. Intermediate Boys' Volleyball Team game before the holiday break.

This year was also the twelfth year that the Forest Hill students participated in the challenge to all the schools in Simcoe County to collect items for their local food bank/Christmas Cheer organization. The results from this challenge are astounding: 27 554 food items, hats and mitts, money donations, Canadian Tire donations and donations of new, unwrapped toys were collected by the reporting schools.

Thank you one and all for your generous participation and for making our community a better place!

The Forest Hill Chess Club is having a phenomenally successful year! The turnout has been so great that the students have been split into 3 divisions: Intermediates (Gr. 6-8), Juniors (Gr. 4-5) and Rookies (Gr. 3). Round robin play continues through February, and our school team will be competing in the Area 1 tournament in March at Codrington Public School.

The Caribou Math Contest is world-wide online math contest that is held 6 times in the school year. Contests are offered for Grades 3/4, 5/6, and 7/8. Contests have already been completed in October, November and January. The Caribou Cup is the series of ALL the Caribou Contests in one school year. Each student's ranking in the Caribou Cup is determined by their performance in their best 5 out of 6 contests through the school year. Top 3 finishers for each group are: Grade 3/4: Gwen J., Addi M., & Claire B.

Grade 5/6: Sydney P., Emily B., & Gavin M. Grade 7/8: Josh V., Lucas R., Osian D. The next Caribou Contest is February 13 & 14. Good luck, Thunderbirds!

The Canadian National Math League Contest is written by a group of students who have finished in the top 25 of their grade on the Caribou Math Contest. Grades 4 and 5 will begin preparing in March. The Grade 6, 7, & 8 students have a Google Classroom where practice tests are posted so students can prepare for writing this year's test. The testing dates for this year have been selected as follows: Feb. 27-Grade 8, Feb. 28-Grade 7, and Mar. 1-Grade 6. Good luck!

GIRLSTRONG

Forest Hill is once again offering the Girlstrong program to girls in Grades 3-8. Girlstrong is a 6-week running program (taking place in May and June) that focuses on training for a 3 km non-competitive run, while focusing on self-esteem and healthy living. It will be run on Mondays and Thursdays from 3:30-5:00 pm, beginning May 7th. The program costs \$15 and includes a t-shirt, water bottle, and finishing medal. We held a meeting for interested girls on Thursday and forms are due back by February 14th. If you would like more information, please have your daughter see Mrs. Stones or Ms. Ironside.

PICK-UP AND/OR DROP-OFF AT SCHOOL

With respect to picking up and/or dropping off your child/ren (during bus times), please ensure that you DO NOT PARK in the bus lane, in front of the school. There have been occasions where a parent will stop his/her vehicle in the bus area, leave their car to come in to the office, and prevent the buses from pulling up close to the curb. It would be appreciated if drop-off/pick-up during bus times continues to happen *only* in our Kiss 'N Ride area at the west side of the school.

We appreciate your cooperation in this matter.

CHECK IT OUT!

A reminder to all students, parents and guardians that all lost and found items are donated to charity at the end of each month. Be sure to come into the school if you have any misplaced items.



Diversity is the one true thing we all have in common. Celebrate it every day."

Author Unknown