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Principal

FOREST HILL P.S.

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Ken Wilson
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BUS CANCELLATION/SCHOOL
CLOSURE: CENTRAL SIMCOE

MARCH 2022

MARCH DATES

NO SCHOOL COUNCIL MEETING IN MARCH

- 13th - Daylight Savings Time begins @ 2 AM, clocks move forward 1 hour
- 21st - World Down Syndrome Day
(wear mismatched socks)
 - International Day for the Elimination of Racial Discrimination
- 25th - Earth Hour (in schools)
- 26th - Epilepsy Awareness Day
- 31st - Grade 8 Grad Photos
- 31st - Trans Day of Visibility

... and Some Future Dates

- Apr. 5th - School Council Meeting @ 7 PM
- Apr. 6th & 7th - Caribou Contest
- Apr. 13th - International Day of Pink (wear pink)
 - Anti-Bullying
- Apr. 15th - Good Friday - No school
- Apr. 18th - Easter Monday - No school
- May 3rd - School Council
- May 23rd - Victoria Day Holiday

in a class with friends or not in a split. Keep in mind that we have many talented staff and are hoping for more opportunities next year for students to get involved in activities at school.

It is so important for students to get enough sleep and minimize the time spent on technology. Those seem to be two areas that impact student wellness, and we need your support in making sure students are well rested and ready to learn.

Character attribute for month of March

Integrity: we act justly and honourably in all that we do.

More information about Character Education can be found here:

www.scdsb.on.ca/about/character_education

PRINCIPAL'S MESSAGE



Happy March! The weather is starting to change, and with that comes wet fields and puddles. It is a good idea to put an extra pair of pants and socks in your child's backpack and make sure they are dressed to go outside in the weather of the day. Yes, they may get wet and dirty. Isn't that a great way to know they are playing and having fun!

As we start to plan for next year, if you have a special request or comment that you want us to consider please email mfrancis@scdsb.on.ca and kiwilson@scdsb.on.ca for consideration. We look at many factors when we make up class lists. It cannot always be about being

SPARE CLOTHING

Spring is just around the corner, and with that comes melting snow, ground thaw, rain, and all things wet! Over the past couple of weeks, we have had several students in the office, calling home for dry socks, shoes, rubber boots, clean pants etc. We would like to recommend that you send in spare clothing (particularly socks) with your child/ren in order to help us avoid numerous phone calls and interruptions to our day ... and yours!

SPRING CLEANING? FOUND JERSEYS?



Spring cleaning on your 'Things to Do' list for March Break? Maybe you'll come across a Forest Hill

athletic jersey (or 2)! We are missing several jerseys and hope they may be discovered at home; if so, please send/drop off jerseys to the office at your earliest convenience. Thanks for searching!

Coaches and Administration

MARCH BREAK

March Break takes place from **Monday, March 14th to Friday, March 18th**. School resumes on **Monday, March 21st**. We wish you and your family a very safe and enjoyable break!



If you are planning to travel, please be aware of the [current federal travel requirements](#). Upon return from international travel, students and staff will be required to wear a mask for 14 days while in schools, school board offices, on student transportation and when in public spaces.

School Council

There is no School Council meeting in March.

Please join us at our next School Council Zoom meeting on Tuesday, April 5th at 7:00 pm.

Daylight Savings Time 2022



Daylight savings time begins this year at 3:00 a.m. on Sunday, March 13th, so remember to roll your clocks forward one hour!

NEWS FROM SCDSB

Daily COVID-19 self-assessment

Families are asked to ensure that their child(ren) complete and pass the COVID-19 self-screening tool daily prior to attending school. Based on the recommendation of the OCMOH, the [daily COVID-19 self-screening tool](#) has been updated and includes a more sensitive COVID-19 symptom list as well as the requirement for

anyone with symptoms of COVID-19 to self-isolate and stay home, regardless of vaccination status.

Kindergarten registration for September 2022 is open!

Kindergarten is the beginning of a wonderful journey of learning and we want your child to begin their journey in a SCDSB school! Do you have a child who is turning four in 2022? If so, we invite you to register your child for kindergarten. To register online or for more information visit: www.scdsb.on.ca/kindergarten.

Participate in the SCDSB's strategic planning process

The SCDSB is undertaking a review of the current strategic plan to support the development of the SCDSB Strategic Plan 2022-2027. The SCDSB remains committed to the existing four pillars of the Strategic Priorities 2017-2022, which include:

- Excellence in Teaching and Learning
- Well-being
- Equity, Diversity and Inclusion
- Community

To support the development of the SCDSB Strategic Plan 2022-2027, the SCDSB is conducting an online consultation with our stakeholders from March 1 to 18. Stakeholder groups will include our students (Grades 7 to 12), staff, the Board of Trustees and the broader SCDSB community (including parents/guardians and community organizations).

To learn more about the strategic planning process, and how to participate, visit the [strategic planning page on the SCDSB website](#)

Keep connected with our school and with the SCDSB

It's important to get accurate information about what's going on at your school and at the Simcoe County District School Board (SCDSB). Here are some ways to do that:

- Subscribe to our school's website by visiting the 'What's New' section at <http://for.scdsb.on.ca>. You can sign up to receive emails about school news updates and information during emergency situations. It's easy to subscribe – visit our website and click the 'Subscribe' link at the very top of the page. Provide your email and click 'Subscribe'; a message will be sent to your inbox with a link to click to confirm that you want to subscribe. You can unsubscribe at any time using the link at the bottom of each email.
- Sign up to receive SCDSB media releases by clicking the 'Subscribe' button at www.scdsb.on.ca.

Follow the SCDSB on Twitter (@SCDSB_Schools), Facebook ([facebook.com/SCDSB](https://www.facebook.com/SCDSB)) and Instagram ([instagram.com/scdsb](https://www.instagram.com/scdsb)).

#ITSTARTS week in the SCDSB

The County of Simcoe has once again proclaimed March as #ITSTARTS month. The Simcoe County District School Board will be championing the #ITSTARTS campaign from March 7 to 11. This campaign promotes inclusion, acceptance, and equity within the vibrant, diverse and growing communities that make up Simcoe County. For more information, visit: <https://www.simcoe.ca/dpt/ccs/lip/itstarts>.

Join us! A learning series for parents/guardians

Mental health and well-being continues to be a key strategic priority within the SCDSB. We are pleased to be part of a three-year partnership with Pine River

Institute (PRI). The Centre for Family Initiatives at Pine River Institute (CFI@PRI) will provide several multi-part learning series focused on student mental health and well-being to SCDSB families, staff and within the SCDSB's broader school communities.

There are two upcoming webinars in the learning series specifically planned for parents and guardians during this school year.

March 29th - Connection and empathy in response to behaviour

May 19th - Understanding addiction and addictive behaviours

We hope you save these dates in your calendar and join us for these learning opportunities. For more information and to register, please visit the mental health and well-being page on the SCDSB website: <https://bit.ly/3jGaC74>.

Pine River Institute is a live-in treatment centre and outdoor leadership experience for youth aged 13 to 19 struggling with addictive behaviours and often other mental health issues. Combining therapy with a fully-accredited education program, PRI reinforces the healthy life skills required for a successful future. CFI@PRI extends PRI's knowledge, experience and evidence-informed treatment approach to families and care providers in the community to support youth mental wellness and prevent the need for more intensive interventions. Learn more about PRI by visiting their website at www.pineriverinstitute.com.

Interested in learning more about the ways that the SCDSB supports students with special education needs and their families? Join us for a virtual special education outreach series

In 2022, the Simcoe County District School Board (SCDSB) is hosting virtual special education outreach sessions to assist parents/caregivers in learning more about

programs, supports and ways that we work together to support students with special education needs.

Supporting students as they transition into school, from one school to another, and from school upon graduation – information for parents/caregivers

April 12

6:30 to 7:30 p.m.

Working with families to create safe and supportive environments for children who have experienced trauma – information for parents/caregivers

May 10

6:30 to 7:30 p.m.

Participants are asked to register in advance. Information to access the sessions will be shared via email with individuals who have pre-registered. Learn more about each session and how to register on the SCDSB website at <https://bit.ly/3s8OBm8>.

Your teachers and all staff at Forest Hill wish you a healthy and happy well-deserved March Break! Take time to pause, replenish your energy, and spend some time with family and good friends! But most of all, please be safe! We look forward to seeing each one of you back at school on March 21st!

