



Linda Blom
Principal

FOREST HILL P.S.

16 Doran Road
Midhurst, ON L9X 1L4
Safe Arrival 705-721-8300 Ext. 1
School Website: <http://for.scdsb.on.ca>

Cindy McNeice
Vice-Principal

BUS CANCELLATION/SCHOOL
CLOSURE: CENTRAL SIMCOE

MAY 2018

IMPORTANT MAY DATES

- 7th - Girlstrong Program begins
- 7th - School Council Meeting - 7 p.m.
- 7th to 13th - Mental Health Awareness Week
- 7th - 11th Education Week
- 10th - Mme Shier & Mme Cooper - Springwater Park
- 11th - Jump Rope for Heart Kids Helping Kids
- 11th - Mrs. Stones, Mrs. Wilson & Ms. Ironside to Springwater Park
- 11th - Mother's Day Tea - 2 p.m. - Mrs. Browning, Mrs. Bates, Mrs. Bowman
- 11th - Mother's Day Celebration - Mrs. Rogers - 2 p.m.
- 11th - 22nd - Spring Fling Food Drive
- 16th - Volunteer Tea - 2:00 - Library
- 18th - P.A. Day - No school
- 21st - Victoria Day
- 23rd to June 1st (incl) - EQAO Testing
- 31st - Kindergarten Orientation - 4:00 - 5:00 p.m.

... and some June Dates

- 4th - 6th - Gr. 6 - Camp Kitchikewana
- 7th - School Council Meeting - 7 p.m.
- 7th & 8th - School Track & Field
- 12th - Midhurst Mile - 5:00 - 7:30 p.m.
- 14th - Girlstrong Celebration Run (details to follow)
- 25th - Mrs. Browning, Mrs. Bates, Mrs. Bowman - Year-End Celebration - 2 p.m.
- 28th - Last Day of School

Grade 8 Dates

- 25th - Grad Rehearsal - a.m.
- 26th - Grade 8 Grad (arrive at church for 5:45 p.m.)
- 26th - Graduation:
Ceremony at Willow Creek Baptist Church
Celebration at Barrie Golf & Country Club

The smell of Spring is in the air and the warmer days have us all dreaming of Summer, which will be here before we know it. With the snow finally gone, we were able to see the ugly side of winter, the litter that had landed and been covered by snow. However, our students did a fantastic job cleaning up our school grounds and surrounding community trails. Thank you for your hard work and making our community clean.

These last two months are filled with field trips, celebrations, fundraisers and EQAO. Field trips are always such a great extension to the learning that occurs and a few of our classes will be experiencing some outdoor learning this month at Springwater Park. On top of some Mother's Day celebrations taking place in classrooms, we are looking forward to expressing our gratitude to the volunteers who give their time and energy to the Forest Hill community at our annual Volunteer Tea on May 16th. This month we are very excited to see the beginning of the Girlstrong Program which is open to girls in Grades 3-5 and will take place weekly until their celebration run on June 14th. The Grade 7s are off to Brock University the week after the Victoria Day weekend and during the same time EQAO will take place for our Grade 3 and 6 students. And lastly we will end our month by saying bon voyage to the Grade 8s as they travel to Ottawa for their last elementary field trip. Enjoy the month and as always if you have any question please do not hesitate to contact the school.

A MESSAGE FROM ADMIN



Wow, May already! It seems like the weeks speed up as the end of the school year approaches.



THANK YOU TO OUR PARENTS

What an incredible gesture of kindness shown to the staff at F.H. on Thursday, April 26th! A beautiful feast was provided, courtesy of several of our much appreciated parents - everything from delicious hot soups, to chili, fresh bread, a bagel & cream cheese station, and plenty of hot coffee to keep us going! You all brought smiles to many faces, and we want you to know that you are all very much appreciated! THANK YOU!



FAREWELL, AND WELCOME

We are sad to say farewell to our Chief Custodian, Mrs. Cheryl Trace, as she leaves us for her new school, Wyevale Central P.S. Mrs. Trace has been a key staff member who has kept our school so well maintained for our students' learning environment! We will miss her smiling face and friendly attitude.

We welcome our new Chief Custodian, Ms. Leann Alp, and hope that she enjoys Forest Hill as her new school.

HELP PREPARE YOUR CHILD TO WRITE THE EQAO TESTS

Education Quality and Accountability Office



Students in elementary and secondary schools across Ontario write provincial assessments in reading,

writing and mathematics each year. The assessments are developed and scored by the Education Quality and Accountability Office (EQAO). Each student that completes a provincial assessment receives an Individual Student Report (ISR) which describes the student's achievement. School and board achievement data is used to improve teaching practices and to support student learning.

This year's EQAO testing for Grade 3 and 6 students is from May 23rd to June 1st. It would be appreciated if parents could avoid withdrawing students from school (e.g. medical appointments, music etc.) during this time. Thank you for your understanding.

Further information about the provincial assessments, including resources to help prepare your child for the test, can be found at www.eqao.com.

PLACEMENT REQUESTS - September '18

Please be aware that a great deal of time and effort is spent in organizing class placements for the following year. There are many variables that are considered in the process. If there are unusual circumstances for which you wish to make a request for class placement, please put your request and reasons in writing and give them to the Principal, Ms. Blom, by Friday, May 18th. These will be considered but **we cannot promise that such requests can be granted**. Class organization is finalized after the second week of school in September.

Forest Hill P.S. remains closed to Out of Attendance Area students.

Jump Rope for Heart Kids Helping Kids

Jump Rope will be held May 11th. We encourage families to pledge online. Pledge envelopes are due May 10th in the office.



Go to jumpropeforheart.ca and click register, choose your province, join your school!

Kindergarten Entrance 2018



Senior Kindergarten students are to begin school on Tuesday, September 4th, 2018 and will attend continuously from this time. All Junior Kindergarten students are to begin school on Thursday, September 6th, 2018.

"Welcome to Kindergarten"

Do you have a child entering kindergarten in September 2018? If so, you and your child are invited to join us in the gym on Thursday, May 31st from 4:00 p.m. - 5:00 p.m. for an engaging introduction to the "world of kindergarten".

During the *Welcome to Kindergarten* evening, families will have the opportunity to meet the current kindergarten team, administration, and community supports. Families will also have the opportunity to participate in various learning centers that will set the stage for a smooth transition to school for students and parents alike. All junior kindergartens will receive a special "Take-Home" bag at the end of the event. Watch the mail for your "official" invitation. Please RSVP to Lori in the office for an attendance count at ljankowski@scdsb.on.ca or at 705-721-8300, ext. 23203. We look forward to meeting our new families!

Results of Terry Fox Run



Congratulations to Forest Hill students and community. We placed 20th out of the top 50 elementary schools in Ontario for raising over \$12,000 in the 2017 Terry Fox Run.

A fantastic achievement, Forest Hill!

GRADE 8 TALK



Grad Update

Applebee's fundraiser was a success! Thank you to all who purchased tickets and volunteered at the Applebee's Breakfast Fundraiser and Silent Auction on April 28th. The student volunteers did a fantastic job serving up some delicious pancakes and bacon to all of our hungry supporters. We raised \$2385.00 for the Grade 8 Graduation this year. These funds will be used for things like a DJ, a photobooth, decorations and food so that your Grad has a memorable and fun night!

MIDHURST MILE FAMILY FUN RUN/WALK TUESDAY, JUNE 12TH, 2018

*Midhurst Mile - 5:00 p.m. to 7:30 p.m.
Rain or Shine!!*

The big day is almost here! Get your bikes and running shoes ready! Be sure to mark your calendars and keep an eye out for forms and emails going home for food orders (all food orders must be made in advance).

Come out to Forest Hill and show your Midhurst community spirit! This great annual event is a blast for the whole family!! We are very fortunate to receive outstanding support from local businesses and organizations for our Midhurst Mile. We are looking forward to a great evening of running, biking, boarding, bouncing and so much more!

We are looking for donations for the raffle prizes; please contact Jen Morrison at hockey@rezource.net if you have something that you would like to donate!

Last but not least, it's not too late to volunteer if you are interested - please contact Jen Morrison at hockey@rezource.net. Thanks so much to those who have already volunteered! See you at the Mile!

GLOBAL ACTION UPDATE

Spring Fling Food Drive

A new tradition is coming to Forest Hill! At Christmas, Ms. Watson found out that the summer months are the hardest for our area food banks. There are usually a LOT of donations around Thanksgiving, Christmas and Easter, but when we are enjoying sunny days at the beach or by



the pool, the food banks are struggling to keep their shelves stocked. To help them start out summer with full shelves, we are going to hold a food drive during the month of June. Students are encouraged to bring in non-perishable food items and sorely needed personal hygiene items from Monday, June 11 to Friday, June 22. Items will be tallied and the class with the most items per student will be the winners of the "Spring Fling Cup". Good luck!

Our food banks have let us know that pasta in boxes are preferred to pasta in bags as the bags often rip open. Also, please check best before or expiry dates to ensure that we are sending usable food.

GAUSS TEAM

The Gauss Math Team has been chosen and will travel to Eastview on May 16th to compete as individuals and as a team against other students and school in Simcoe County.

The team is:

Grade 7: Mira R., Marek B., Josh V., Charles K., Margo S., Kaitlyn P.

Grade 8: Wil F., Kaecy E., Josh V., Sydney M., Jordan C., Alicia S., Alexa P., Colby B., Lauren H.

Good luck, mathletes!

CHESS CLUB

Ms. Watson was proud to accompany the Forest Hill Chess Team to the Simcoe County District School Board Chess Tournament on April 5th. It was very exciting to see our student compete at the highest level of chess competition in our board. The team consisted of Sydney P. (Grade 5 Girls division), Torrey B. (Grade 7 Girls), Lauren H. (Grade 8 Girls), and Will L. (Grade 8 Boys). Masterful chess matches played by all of our team, with special congratulations going to Sydney for going UNDEFEATED in her division and clinching 1st place. WAY TO GO!

Several of our chessletes also competed in the Optimists' Chess Tournament on April 4th. Forest Hill was represented by Tyson B. and Nate V. (Grade 4), Sydney P. (Grade 5), Torrey B. and Lucas R (Grade 7), and Colby B. (Grade 8).

Congratulations to Sydney P. for placing 1st in the Grade 5 division; she qualified for the Provincial Chess Tournament.

SEWING CLUB

Sewing Club will have a short season this year. Starting early May, students will meet on Wednesday and Friday afternoons at second nutrition break.



PARENT COUNCIL

The next Parent Council meeting will be Monday, May 7th at 7:00 p.m. All are welcome.

NEWS FROM SCDSB!

School's in for Summer at the SCDSB!

Are you and your child planning their courses for next school year? Looking for a way to create flexibility in their timetable and earn a credit? Consider summer school! Each year, the SCDSB offers a variety of summer programs to over 2,000 students. Summer school options include open, college and university level courses from Grades 9 to 12. Courses are offered in-person or online. Interested students can also travel and earn credits with the summer EduTravel program. Summer school program details can be found on the Learning Centres website at www.thelearningcentres.com. Current SCDSB students should speak to their guidance counsellor for information and to register. Register now so that your summer school choices align with course selection for next year!

Parents invited to information session about special education on May 16th

The Simcoe County District School Board is hosting a series of information sessions for parents/guardians to learn about special education and how to support students with special education needs. The last session takes place this month:

Date: May 16

Time: 6 to 7 p.m.

Location: SCDSB Education Centre, 1170 Highway 26, Midhurst

Topic: Understanding Alternative/Non-Academic Individual Education Plan (IEP) Goals

No registration is required. You can also join this session from home via Google Meet using this link: meet.google.com/zfg-egau-wgp. Those joining via Google Meet will need to 'mute' while watching the session to avoid audio feedback. Parents are welcome to type in questions using the chat option in Google Meet during the event.

Register now for child care at our school next school year

Register now for child care at our school next school year. Your child's space in the program for September 2018 will be considered a priority if completed registration forms have been submitted to the child care operator by **June 30th, 2018**. Please contact Danielle Quesnel at 705-725-2027 to register your child(ren).

Summer child care options available

The Simcoe County District School Board (SCDSB) supports your child care needs by offering full-day child care programs in select schools across Simcoe County. Twenty schools offer child care programs for children from Junior Kindergarten age to 12 years old. Registration in advance is required. Please contact the child care operator directly to register. More information can be found on

our website at www.scdsb.on.ca - click on 'Schools' then 'Before & After School Care.'

Ontario schools celebrate Education Week and Mental Health Awareness Week from May 7th to 11th

Each year during the first week of May, schools across Ontario celebrate Education Week. It's a great way to recognize the amazing things happening in our schools. This year's theme is *Equity in Action*. To promote the great strides made in valuing equity, diversity, inclusiveness and mental health, our Student Voice team will be running events during the school day.

Follow and share Education Week *Equity in Action* activities on Twitter using #EdWeekON2018.

Stay Safe in the Sun!



It only takes one bad sunburn in childhood to increase the risk of developing skin cancer later in life. As the weather gets warmer,

follow these sun safety tips to keep you and your family safe:

- use a broad spectrum sunscreen with SPF 15 or higher and SPF 15 lip balm
- apply sunscreen 20-30 minutes before going outside (even on cloudy days) and always follow the label instructions
- apply sunscreen to any exposed areas of skin - nose, ears, back of neck, tops of feet, etc.
- reapply sunscreen every 2-3 hours and after sweating or swimming
- wear loose, long sleeved shirts and pants, a large-brimmed hat and sunglasses
- if possible, avoid being in the sun between 11 a.m. and 4 p.m.
- when you're outside, look for shade

For more sun safety tips, visit www.simcoemuskokahealth.org or call Health Connection at 705-721-7520 or 1-877-721-7520 to speak with a public health nurse.
Information provided by the Simcoe Muskoka District Health Unit

**Summer Camp can be a Life-Changing
xperience**



According to a recent study from the University of Waterloo, the positive development that children and youth experience at summer camp results in sustained behavioural changes at home, school and in the community. Friendships blossom, self-confidence emerges and independence grows - helping children and teens build resilience to help them face new challenges throughout their lives. Here are four life skills fostered at summer camp:

- **Increased independence and self-confidence** - Camp is the perfect place for kids to practice making decisions for themselves without parents and teachers guiding their every move.

- **Making new friends and being part of a positive group** - Free from the social expectations pressuring them at school, camp encourages kids to relax and make friends easily.
- **Increased environmental awareness** - When children are connected to their environment, they are healthier and happier. Summer camp provides kids with the opportunity to "unplug" from technology and enrich their perception of the world, while enjoying the great outdoors.
- **Improved attitudes towards physical activity** - Children spend so much time indoors these days and mostly sitting down. A recent Statistics Canada study found that only seven per cent of youth aged six to 19 got the recommended hour a day of exercise they need. Summer camp is a great way for kids to get outside and move.

The benefits of camp are plenty - from life lessons beyond the classroom to appreciating nature and building confidence and leadership skills. Learn more about the YMCA of Simcoe/Muskoka camps at YMCASummerCamp.Ca.

Information provided by the YMCA of Simcoe/Muskoka