



Lisa Cooke  
Principal

# FOREST HILL P.S.

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Midhurst, ON L9X 1L4  
Safe Arrival 705-721-8300 Ext. 1  
School Website: <http://for.scdsb.on.ca>

Perry Iacobellis  
Vice-Principal

BUS CANCELLATION/SCHOOL  
CLOSURE: **CENTRAL SIMCOE**

MAY 2021

## ***Important Dates***

### **May**

3<sup>rd</sup> -7<sup>th</sup> Literacy and Mental Health Education Week  
9<sup>th</sup> – Mother’s Day  
11<sup>th</sup> – Grad Photo Retakes (if school is back to in-person learning)  
19<sup>th</sup> – Kindergarten Orientation – 6:30 p.m.  
24<sup>th</sup> – Victoria Day – No school

### **June**

4<sup>th</sup> – PA Day – No school for students  
20<sup>th</sup> – Father’s Day  
24<sup>th</sup> – Elementary Report Cards sent home  
24<sup>th</sup> – Grade 8 Graduation  
29<sup>th</sup> – Last day of school

seems like we have fallen into a routine of thanking you for your patience, support and understanding, and yet there is no other way I can express my gratitude to you. Lisa and I are very thankful for the collaboration, patience, and support that you give your children, and our staff. We respect and acknowledge your efforts, because we know this is difficult, and that when we stand together to face adversity, it’s our students, and your children who benefit. We will move through this. We will be as successful as we can be. We will not give up. On the other side of the uncertainty, we will be stronger. Resilience is a great predictor of success in children. As Einstein once said, “In the middle of difficulty lies opportunity.” So, as the number of people vaccinated increases, and as we hopefully get closer to the end of this crisis, let’s finish strong and teach our students and children to finish as strong as they started.

Be Well.

Perry Iacobellis VP

## ***A Message from Admin***



Happy May Forest Hill Family and Friends!! I’ve been thinking about how to start the administrative

message this month ... and despite recent challenges in the pandemic and another round of school closures, I couldn’t think of a better way than by wishing all of you our very best. Our staff are working hard for you every day, and we acknowledge and appreciate the effort they have put into making online learning the best it can be for your child. We also strive to tailor online learning as much as we can to meet as many individual family needs as possible. Our staff are working together and are constantly learning and sharing resources in an effort to build on the knowledge and skill they have acquired in administering online learning throughout the year. Sometimes it

## ***Character Trait for the Month of May***

Respect -- We treat ourselves, others and the environment with consideration and dignity.



More information about Character Education can be found here:

[www.scdsb.on.ca/about/character\\_education](http://www.scdsb.on.ca/about/character_education)

## ***Kindergarten Entrance 2021***



Senior Kindergarten students are to begin school on Tuesday, September 7<sup>th</sup>, 2021 and will attend continuously from this time. All Junior Kindergarten students are to begin school on Thursday, September 9<sup>th</sup>, 2021.

## ***Welcome to Kindergarten***

Do you have a child entering kindergarten in September 2021? If so, you and your child are invited to join us virtually on Wednesday, May 19<sup>th</sup> at 6:30 p.m. for an engaging introduction to the "World of Kindergarten".



During the *Welcome to Kindergarten* evening, families will have the opportunity to learn about Full Day Kindergarten (FDK), administration, and community supports. All junior kindergartens will receive a special "Take-Home" package which will be mailed in June. Check your e-mail for your "official" invitation. Please RSVP through the Google Form in the invitation, or to Mrs. Nickel in the office at [cnickel@scdsb.on.ca](mailto:cnickel@scdsb.on.ca) or at 705-721-8300, ext. 23200. We look forward to meeting our new families!

## ***Yearbook***

It's that time of year again! Yearbooks are going to be on sale! We will be selling directly through Herff Jones again this year at a cost of \$22. The link will be available through the Forest Hill website by the end of the week – May 7<sup>th</sup>. Due to Covid restrictions, yearbooks will be available by the first week of October and will be handed out to those who purchased at that time! Arrangements will be made for graduating students to pick up their yearbook! Stay tuned for information on our

Yearbook Cover Contest and how you can submit pictures of your online learning!

## ***Parent Council***



The next Parent Council Zoom meeting will be Tuesday, May 4<sup>th</sup> at 7:00 p.m. All are welcome.

Please email [councilchairfor@scdsb.on.ca](mailto:councilchairfor@scdsb.on.ca) for the Zoom invitation.

## ***FHPS Literacy Week is May 3<sup>rd</sup> to 9<sup>th</sup>***

Forest Hill is celebrating Literacy week from May 3<sup>rd</sup> – 9<sup>th</sup>. Check out the literacy resources you can use with your child on our website at <http://for.scdsb.on.ca/parents/literacy>

## ***News from SCDSB!***

### ***Register now for before and after school programs for September 2021***

Register your child(ren) now for the before and after school program at our school for the 2021-22 school year. Your child's space in the program for September 2021 will be considered a priority if completed registration forms have been submitted to the child care operator by June 30, 2021. Please contact Danielle Quesnel at 705-725-2027 to register your child(ren).

To add your child to the waitlist during regularly scheduled school; please call Danielle Quesnel at 705-725-2027. Otherwise please call Tia Champaigne at (705) 503-4969 during online learning or after the priority date to be added to the waitlist. Please note that 705-503-4969 is the only number available to call during the time period of online learning and from the months of July and August.

Thank you.

### ***Register now for summer child care***

Child care programs for children in Kindergarten to Grade 6 are provided by independent, third-party child care operators in some SCDSB schools. To support your child care needs, some operators offer child care over the summer holidays. Registration in advance is required. Please contact the child care operator directly to discuss fees and to register. More information and contact numbers can be found at [https://scdsb.on.ca/elementary/planning\\_for\\_school/childcare\\_before\\_after](https://scdsb.on.ca/elementary/planning_for_school/childcare_before_after).

### ***Mental Health Week is May 3<sup>rd</sup> to 9<sup>th</sup>***

Join us for #SCDSBMentalHealthWeek! The first full week in May (May 3-9) is annually recognized as Children's Mental Health Week and Mental Health Week in Ontario. Throughout this week, the SCDSB would like to continue to bring awareness to the importance of student, staff and community mental health by focusing on resources and activities that promote positive mental health for all students, staff and school communities. Learn more: <https://bit.ly/2QdibGR>

### ***Days of awareness and recognition taking place in May***

Throughout the year, there are many awareness days that focus on different causes and recognition. The Simcoe County District School Board (SCDSB) has developed a list of these days as a guide for schools. Schools may participate in recognizing some or all of these days in various ways. This list is not exhaustive. Following are the days of awareness and recognition that the SCDSB will recognize during the month of May:

<b>May 1</b>	School Principals' Day
<b>May 3</b>	Music Monday
<b>May 3-9</b>	Mental Health Week
<b>May 4</b>	May the 4 <sup>th</sup> (Star Wars Day)
<b>May 3-7</b>	Education Week/SCDSB Celebrates
<b>May 9</b>	Mother's Day
<b>May 15</b>	International Day of Families
<b>May 17</b>	International Day Against Homophobia, Transphobia and Biphobia
<b>May 30 to June 5</b>	National AccessAbility Week

### ***Get active outdoors***

With the warmer weather fast approaching, many of us are anxious to spend more time outdoors, especially children. Research suggests that spending time outdoors has a positive effect on our mental health and well-being. A simple trip outdoors can do wonders for relieving anxiety, stress and depression. Children connected with nature tend to be healthier, happier, sleep better and display better focus and creativity.

If you're looking for some mood-boosting outdoor activities to do with your family, here are some fun ideas to get out and enjoy the great outdoors:

#### **Organize a nature scavenger hunt**

A great way to get the whole family outdoors is to organize a nature scavenger hunt. Make a list of nature items found in your yard, neighbourhood or on a trail nearby, and head out to see what you can find! Not only is this activity fun, it gets everyone up and moving.

#### **Create an outdoor obstacle course**

Obstacle courses are a great way to engage children in physical activity and create a fun competition. Set up a course in your yard

using toys, pillows, water bottles or anything you have at home. The fastest one through the obstacles wins! You could even start a relay for an added challenge!

**Take your family workout outdoors**

When you are active with your kids, it sends them an important message about healthy living. Try leading your family in a group workout outdoors. If you are looking for ideas and inspiration for family-friendly workouts, visit [www.ymcahome.ca](http://www.ymcahome.ca) where you can find activities for all ages and fitness levels. Once you learn the basic movements of the workout, gather your family outside and exercise together. It's always more fun to exercise with a buddy!

*Information provided by the YMCA of Simcoe Muskoka*