



Linda Blom
Principal

FOREST HILL P.S.

16 Doran Road
Midhurst, ON L9X 1L4
Safe Arrival 705-721-8300 Ext. 1
School Website: <http://for.scdsb.on.ca>

Perry Iacobellis
Vice-Principal

BUS CANCELLATION/SCHOOL
CLOSURE: CENTRAL SIMCOE

NOVEMBER 2018

IMPORTANT NOVEMBER DATES

- 4th - Daylight Savings ends (turn clocks at 2 am)
- 5th - 11th - Treaty Recognition Week
- 6th - School Council Meeting - 7:00 pm
- 7th - Primary (except Gr. 3 FI) - Georgian Theatre (Aladdin)
- 8th - Gr. 3 & 4 - Chef à L'école
- 8th - Indigenous Veteran's Day
- 9th - Gr. 7 & 8 - MADD Canada Presentation
- 11th - Remembrance Day
- 16th - Progress Reports go home
- 21st - Photo Retakes
- 19th - 23rd - Parent/Teacher Conferences
- 20th - We are Silent Day of Recognition
- 23rd - PA Day - No school
- 23rd - Parent/Teacher Conferences (am)
- 26th - Gr. 8 - Eastview Secondary School
- ... and some important Dec and Jan Dates
- Dec. 11th - 3rd Annual F.H. Spelling Bee Day
- Dec. 24th - Jan. 4th - Holiday Break
- Jan. 25th - PA Day - No school

PRINCIPAL'S MESSAGE

If you haven't yet signed up for a student lead conference, please get in touch with your child's teacher as the conferences are taking place during the period of November 19th to 23rd.

Preparing for the conference is helpful -- ask your child if he/she has concerns or anything that they would like you to communicate to the teacher. You may wish to prepare a question or two for the conference.

Safe Arrival



Many thanks to all our parents who call into our student safe arrival program. If you've sent a note to the teacher(s), please call the safe arrival line as well. Sometimes

there may be a supply teacher who may not be aware of your child's absence.

With hockey season upon us (whether it be for practices, games, tournaments), many students are either absent for the morning and/or afternoon, or out of town at tournaments. Please be sure to call the Safe Arrival line on these dates. It will save you receiving a call from the automated safe arrival line!

Remember that the school's voice mail can be accessed for safe arrival at any time (**705-721-8300, press #1**).

PARKING CONSIDERATIONS

When picking up your child at the end of the day, please use the kiss 'n ride area, not the front doors.

Road Parking: If you are parking on the road across from the school, be sure that you are

not parking on peoples' driveways, or on their lawns. Some of our neighbours are reporting that their driveways are damaged by repeated parked vehicles in the same spot.

Kiss 'n Ride:



The kiss 'n ride is designed to allow people to pick up their kids quickly. This only works if we use the space efficiently, and if we keep the traffic flow moving. When pulling in to the kiss 'n ride, please move as far forward in the loop as you can before parking, so that we can maximize the use of the space. Also, please refrain from leaving your car. Your child can come to your car and meet you. This prevents unnecessary delays in traffic flow at the end of the day.

Thanks for your cooperation!

Support our School Breakfast and Snack Programs



Eat Well to Excel

Simcoe County Nutrition Program for School-Age Children

**Eat Well to Excel Day
is Tuesday, November 20th, 2018!!**

Eat Well to Excel, the Simcoe County Nutrition Program for School-Age Children is the name of the local Student Nutrition Program in Simcoe County. EWTE is a non-profit community partnership that supports volunteer run Student Nutrition Programs in over 185 schools/programs (including elementary and secondary schools, learning centres and alternative programs) in Simcoe County. Research shows that students with access to a breakfast program have reduced risk for disease, are more likely to come to school and participate in class, have better test scores, and are more likely to graduate. Here's how you can support your school's Eat Well to Excel program:

- Donate money via www.eatwelltoexcel.ca; click on Donate now (a printable tax receipt will be issued). Include the school's name in the comment box. Otherwise the money will be used to support the purchase of equipment and food for schools with high needs.
- Donate money directly to the school
- Volunteer - schools are often looking for help to purchase, prepare and serve food.
- Join the EWTE partnership committee. To find out more complete the form at www.eatwelltoexcel.ca, under Volunteers.

For more information, contact us at <http://eatwelltoexcel.ca/contact-us/>

EARLY DISMISSAL

We have been experiencing a **very high number of phone calls from parents** requesting that their child/ren be in the office for a specific time, leaving early, asking for messages to be passed on, i.e. don't get on the bus, or get on the bus, someone other than the usual is picking up at the end of the day, etc. These calls into classrooms, made by the office staff to relay messages, are extremely disruptive to **instructional time**. **Please be sure to send a separate note in with your student**, indicating any changes to regular routine. This will help alleviate some of the unnecessary interruptions to classrooms.



We cannot call classrooms between 3:00 and 3:30.

Thank you for your understanding and cooperation!

TERRY FOX UPDATE

Congratulations to the Forest Hill School Community! We raised over \$7,285 this year for our Terry Fox Run. This brings our 26-year total to \$159,560!
Thank You!

**DONATIONS FOR
MRS. JOHNSON'S KINDERGARTEN
CLASS**

I am looking for donations of the following:

Barbie clothing

Constructive, educational building toys, such as LEGO and LEGO Duplo

Beads

Sharing toys like hot wheels, cars and My Little Ponies etc.



Thank you! No books or colouring books, please.

Mrs. Johnson

UKULELE CLUB

Primary Ukulele Club is already in full swing! We practice in the library during second break (Gr. 2s on Tuesdays and Gr. 3s on Thursdays). Junior Ukulele Club will be open to grades 4 and 5.



Forest Hill sent 43 runners to the County Championships at Moonstone and it was a perfect day to run a race. All runners did an amazing job running and representing our school. The Grade 5 boys team brought home a first place banner and special individual recognition for placing in the top ten goes to Rowan T. (1st), Keanan H. (5th), Patrick L. (6th), Regan G. (7th), Sydney M. (7th), Jasmine B. (9th), Noah L. (10th), Shea C. (10th). Well done everyone. See you all next year!

FOREST HILL SPELLING BEE



The 3rd Annual Forest Hill Spelling Bee registration is still open. The Official

Spelling Bee Day is scheduled for Tuesday, December 11th,

2018. Please email Mme Bock at sbock@scdsb.on.ca if you have any questions about either the English or French Spelling Bees.

LIBRARY NEWS

A huge thank you to everyone who supported our recent Scholastic Book Fair and helped to make it our most successful one yet! This would not have been possible without the help of the awesome Book Fair volunteers, thank you!

For those families who access Tumblebook Library or Tumblebook Cloud, please see the new login information:

www.tumblebooklibrary.com

UN: scdsb

PW: reads

www.tumblebookcloud.com

UN: scdsb

PW: login

These changes were effective October 18th, 2018.

CROSS COUNTRY

The Cross Country team had another great season this year. The coaches weren't at all surprised at the 130 eager students that showed up the first week of school to join the team. Ms. Blue did an excellent job training the grade 6, 7 and 8 students. Mme Stainton and Mrs. Wilson happily took on the large group of



TREATS BROUGHT INTO SCHOOL



If you are sending/bringing treats into your child's class for birthdays or special occasions, please contact the teacher ahead of time to make sure there are no food allergies in the classroom. We have several anaphylactic children at Forest Hill, and these allergies can be life-threatening! Also, please stop at the office first with your treats/cupcakes, etc. so we can ensure that they are nut-free. We appreciate your cooperation, and know that you will understand our concern.

Please do not send Halloween candy to school!

GLOBAL ACTION UPDATE

We will be starting to sell our "From Farm to Table Canada" popcorn for \$1.50 per bag on Thursday afternoons at second nutritional break in the front foyer. Our first date of sales will be Thursday, November 15th. The popcorn is nut free and pesticide free. Our four flavours are: White Cheddar, Kettle Corn, Butter & Salt, and Dill Pickle.

Money raised will be used to support our partner fundraising group, Elephant Thoughts, and will be put towards the cost of a teacher, school supplies and a lunch program for our supported school in Angaza, Tanzania.

Bus Cancellation Information



Bus cancellation information reminder

All information regarding cancelled buses in Simcoe County is posted on the Simcoe County Student Transportation Consortium's (SCSTC)'s bus information website at www.simcoecountyschoolbus.ca. Our school is in the *CENTRAL* zone. When buses are

cancelled, schools remain open for student learning, unless otherwise noted.

The Consortium and bus operators try to make the decision to cancel school buses before 6 a.m. and make every effort to post announcements before 7 a.m. Inclement weather cancellations are effective for the whole day and buses cancelled in the morning will not run at the end of the day. You can follow the Consortium on Twitter @SCSTC SchoolBus for bus cancellations and other information. You can also subscribe to receive bus delay notifications here:

<https://scstc.ca/Subscriptions>

For school event cancellations in case of inclement weather, follow our school's Twitter account at @ForestHillPS or listen to your local radio station for event cancellation information.

Visitors and Volunteers

Please ensure that if you are coming in to volunteer or visit a classroom, you stop by the office to sign in and pick up one of the 'volunteer' or 'visitor' passes, hanging underneath the wall near Ms. Jankowski's desk.



NEWS FROM SCDSB

High School Information Nights for Grade 8 students coming to a school near you!

Is your child starting Grade 9 next year? High school information nights happen this fall and winter. This event gives an overview of what's new, what to expect, as well as a chance to check out the school and ask questions. Attend our local high school information night to find out what's offered: Eastview Secondary School, 421 Grove St. E., January 16th, 2019 @ 7 PM - 8:30 PM.

We Are Silent

On November 20th our school Me to We team will take a vow of silence for one school day. Our members are participating in the "We are Silent" campaign in an effort to raise awareness about equal access to education. In many countries around the world, children are denied the right to a basic education. Our silence represents the unheard voices of those children. All proceeds raised through this fundraiser will go towards supporting the education of children through We Villages.

Treaties Recognition Week takes place Nov. 5th to 9th

Did you know we are ALL treaty people? Treaties Recognition Week is the first week of November every year - this year it's **Nov. 5th to 9th**. The Simcoe County District School Board is located on territory covered by several pre-confederation treaties - Treaty 5, 16, 18, 19 and 82, as well as the 1923 William's Treaty.

Treaties Recognition Week was introduced in 2016 to honour the importance of treaties and to help Ontarians learn more about treaty rights and treaty relationships. Take some time this week to learn about the treaty in your area. To learn more about the treaties and how we can honour them, visit www.ontario.ca/page/treaties.

NEWS FROM SIMCOE MUSKOKA DISTRICT HEALTH UNIT

Safe water in our school

The Simcoe Muskoka District Health Unit, along with the Ministry of the Environment, Conservation and Parks, works with local school boards in their efforts to ensure children are protected from unnecessary exposure to lead from drinking water. All schools are required to flush their plumbing regularly and sample their water to test for lead. Samples must be collected at every tap that provides drinking water or that is used

to prepare food or drink for children under the age of 18. Schools are required to test both standing (water that has been sitting in the distribution lines) and flushed water (water which has run through the lines) for lead on a regular basis (e.g. annually). Flushing has been shown to reduce lead levels in water and is a recognized lead reduction strategy. If a school's drinking water test result is above the provincial drinking water standard for lead, the schools communicate these results to the local Medical Officer of Health and the Ministry of the Environment Conservation and Parks to ensure corrective actions are carried out and the problem is resolved.

Information provided by the Simcoe Muskoka District Health Unit

Parents have influence on their teens

Did you know that teenagers rank their parents as having the most influence over what risks they choose to take? And that those who believe their parents strongly disapprove of drug and alcohol use are less likely than their peers to use them! Here are some helpful tips:

- spend time with your kids and talk openly about alcohol and other drugs
- set clear and consistent messages
- know that you are a role model

For useful tips and other helpful information on how you can best communicate with your child about drugs and alcohol, visit <http://www.smartrisknoregrets.ca/index/parent.html> or <http://simcoemuskokahealth.org>.

Information provided by the Simcoe Muskoka District Health Unit

