



Linda Blom
Principal

FOREST HILL P.S.

16 Doran Road
Midhurst, ON L0L 1X0
Safe Arrival 705-721-8300 Ext. 1
School Website: <http://for.scdsb.on.ca>

Cindy McNeice
Vice-Principal

BUS CANCELLATION/SCHOOL
CLOSURE: CENTRAL SIMCOE

OCTOBER 2017

IMPORTANT OCTOBER THROUGH DECEMBER DATES

11th - Regional X-Country Meet
12th - Gr.7 Immunization 9:30AM-2PM
16th - Flag football game after school
17th - Picture Day (absent students will be
photographed on re-take day)
17th - County X-Country Meet
18th - Flag Football regional tournament
20th - P.A. Day - No School
27th - Dance-a-thon
31st - Orange & Black Day
31st - Primary Fun Fair 2-3 PM
Nov. 16th - Picture Re-take Day
(and some classes, TBD)
Nov. 17th - P.A. Day - No School
Dec. 25th - Jan. 5th - Christmas Holidays

PRINCIPAL'S MESSAGE

I am pleased to provide you with the results of our EQAO Assessments of Reading, Writing and Mathematics for the primary and junior divisions. Our results are impressive, with, in the grade 3 cohort:

Reading, 86% at/above provincial standard, Writing, 90% at/above provincial standard, and Mathematics, 86% at/above provincial standard. In the grade 6 cohort our students also fared well, with:

Reading, 96% at/above provincial standard, Writing, 91% at/above provincial standard, and Mathematics 75% at/above provincial standard!!

As always, we know that favorable results like these are greatly assisted by the strong partnerships we have between home and school. Congratulations to all of you!!

REMINDER TO PARENTS!

Parents are reminded to send a note with your child whenever there will be a change in routine. Teachers are not always able to access Remind apps for messages and/or notes. The office is very busy at the end of the day. Please ensure that any last minute changes to end of day routine are called in to the office prior to 3PM.

ATTENTION: MORNING KISS 'N RIDE USERS

As you know, most schools do not offer a morning kiss 'n ride program. Without our enthusiastic parent volunteers, we too would not have this program. We ask that you use the Kiss 'n Ride the following way:

- Arrive timely, 5 - 10 minutes before the bell at 9:10 to avoid last minute rush congestion
- Drivers DO NOT get out of your vehicle
- Volunteers will assist with doors to enable students to get out quickly - passenger side exits only
- As the line gets busy, please drive up farther to prevent congestion
- Obey idling zones and bus entry protocols
- Remind your child to go to their designated play area

- Thank your volunteer!

OUTDOOR SUPERVISION

Please do not drop your child/ren off at school before 8:55 a.m. There is no supervision on the yard before that time. Parents, please do not remain on the yard after 8:55 a.m. Thank you.

CRIMINAL RECORD CHECKS

Current volunteers who do not submit an Annual Offence Declaration for Volunteers on or before December 31st, 2017, will be deleted from the database on January 1st, 2018, and will have to submit a new Criminal Records Check and Vulnerable Sector Screen if they wish to continue volunteering.

HEALTHY CLASSROOM CELEBRATIONS

Classroom and school celebrations are great opportunities for children to practice the healthy eating messages they learn in the classroom. Help teach the importance of healthy eating by choosing healthy foods to send in the next time your child's class is celebrating. Here are some ideas:

- Send a tray of watermelon slices, orange slices, apples or fruit kabobs
- Make homemade mini muffins with whole wheat flour and grated carrots or apple
- Send a tray of whole grain crackers, cubes of lower fat cheese and grapes
- Send a veggie platter - get creative by arranging it in fun shapes
- Prepare chocolate dipped strawberries for a sweet treat

Looking for more information to help keep you and your family healthy? Call *Health Connection* at 705-721-7520 or 1-877-721-5720 to speak with a public health

nurse or visit the health unit's website at www.simcoemuskokahealth.org.
Information provided by the Simcoe Muskoka District Health Unit

LUNCH PROGRAMS

Pay for field trips, lunch days, etc. with **School Cash Online**

If you have not already done so, be sure to sign up for School Cash Online. This is our preferred method of payment for all school fundraising including lunch days and field trips. School Cash Online allows you to pay with your debit or credit card. Follow these steps to get started:

1. Go to simcoecounty.schoolcashonline.com or from our school website click on "Pay Fees"
2. Register and add your child to the newly created account
3. View and purchase items through e-check or credit card

The School Cash Parent Helpdesk is available 24/7 to help you with registration, password recoveries or any other payment issues. Call the helpdesk at 1-866-961-1803 or email parenthelp@schoolcashonline.com.

FIRE PREVENTION WEEK

Fire Prevention Week is
October 8th to 14th
Every Second Counts: Plan 2
Ways Out!



Fire Prevention Week runs from October 8th to 14th. This year's theme is "Every Second Counts: Plan 2 Ways Out!" Smoke and fire spread fast. There's no time to figure out how to escape AFTER a fire starts. All households should have working smoke alarms and practice a home fire escape plan with everyone in the family BEFORE there's a fire. Find out more at: www.nfpa.org/fpw.

International Walk to School Month



Did you know that October is International Walk to School month? It's a great way for children to get their recommended 60 minutes of physical activity each day and also gives parents and staff a chance to be part of a worldwide event that celebrates the many benefits of walking. Here are some ideas:

- Encourage your child to walk or cycle to and from school if you live close by and team up with others to make the trip more fun
- If you usually drive your child to school, try getting them to walk part of the way
- If your child takes the bus, walking to and from the bus stop is a great way to add physical activity minutes into the day

Information provided by the Simcoe Muskoka District Health Unit

HAPPY THANKSGIVING!

Wishing everyone a safe and Happy Thanksgiving, from all the staff at Forest Hill Public School.



PROFESSOR JAMZ DANCE-A-THON



Get ready to dance the day away on Friday, October 27th! Professor Jamz

will be here with the latest tunes. Pledge forms will be sent home soon!

HALLOWEEN TREATS - SAFE SNACKS

As the stores begin to fill with Halloween candies and costumes, we would like to remind you of our REDUCE THE RISK

program at Forest Hill Public School. You can further support our efforts by purchasing peanut/tree nut-free candy to give out on Halloween night.

Look for SAFE TO SHARE symbols. Your support when buying Halloween treats that are peanut/tree nut safe will greatly reduce the potential number of unsafe treats brought to school.

HALLOWEEN AT FOREST HILL

The Halloween season is fast approaching and the primary staff is gearing up for the annual primary Halloween Fun Fair!



On Tuesday, October 31st, students in grades 1-3 will be participating in the Fun Fair from 2:00 to 3:00.

Students will be travelling to all of the primary classes where they will have an opportunity to participate in the spooktacular activities.



Children are asked to dress in black and orange instead of costumes. Thank you in advance for your support in making the 13th annual Halloween Fun Fair a day to

remember!

MRS. MORROW'S LIBRARY NEWS

The library subscribes to the following programs: Tumblebook Library, Tumblebook Cloud and Book flix. If you would like to access these programs at home please ask your child's teacher for the codes.

VISIT OUR SCHOOL WEBSITE



Please be sure to check our school website often, at www.for.scdsb.on.ca. Our website is updated

regularly, with new dates added for upcoming field trips, activities, sports teams, staff information.

Idling

If you choose to idle your vehicle for longer than 60 seconds you are contributing to poor air quality. A car's exhaust contains pollutants that contribute to air pollution and climate change — and can harm your health in many ways. Asthma and other respiratory conditions are aggravated by the chemicals found in car exhaust and that can create a serious concern in school yards. Other health concerns include:



- Lung infections and irritation
- Some forms of heart disease
- Increased risk of cancers reduced ability of the blood to carry oxygen in the body

Children are more vulnerable to all of these health concerns.

Reduce your child's exposure by reducing unnecessary idling - turn your car off after 60 seconds - especially when you are waiting for your child at their school. In addition, refrain from vehicle idling while visiting parks, recreation centers, shopping centers and other locations.

For more information about the health and environmental impacts of vehicle exhaust, visit the health unit's website at www.simcoemuskokahealth.org or call Health Connection at 705-721-7520 or 1-877-721-7520.

LGBTQ12S JUNIOR YOUTH CONNECTION FOR KIDS AGED 12-15

The Gilbert Centre is offering a new drop-in and social program for LGBTQI2S identified youth to connect, explore and learn. Meetings take place on the first and third Friday of every month from 5-7 p.m. at 80 Bradford Street in Barrie. For more information, please call Ve Tao, Youth Support Worker at 705-722-6778 x109, visit lgbtyouth.ca or email vet@gilbertcentre.ca.

NEW PATH OFFERING CHILD & YOUTH MENTAL HEALTH WALK-IN CLINICS

In response to the increasing wait times for child and youth mental health services, and the increased need for such services, New Path has undertaken a service redesign that will provide more timely and responsive services to children, youth and families in Simcoe County. New Path now offers Child and Youth Mental Health Walk-In Clinics in five office locations throughout Simcoe County: Bradford, Alliston, Barrie, Collingwood and Orillia.